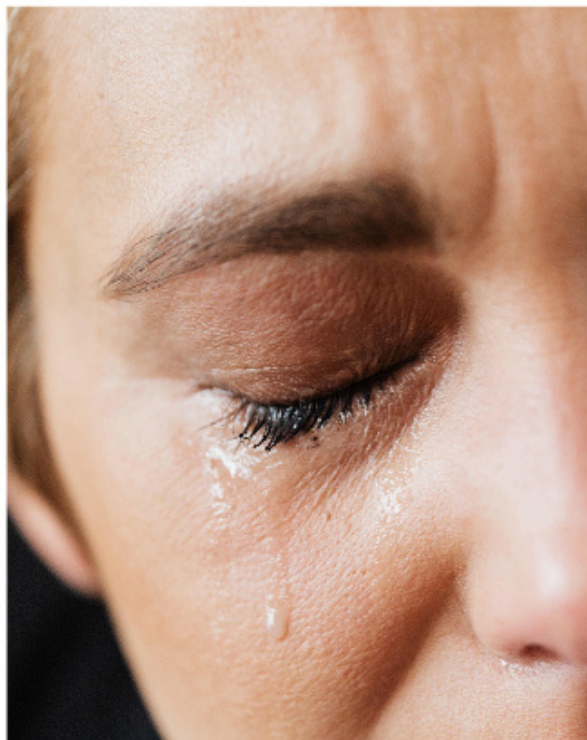


Grief Support

— NO ONE SHOULD GRIEVE ALONE —



Walking through a time of grief is a trying time for many people. No two people grieve the same. The pain and struggles can be very deep with feelings of hopelessness and isolation.

Yet there is hope...ALWAYS. It is vital, though, that we don't grieve alone. By allowing some trusted colleagues into our journey, we can discover the meaning and purpose of what we are going through as we redefine the relationship we had with the one we cherished.

**Please join a small group of individuals who are also working through a time of loss.
Let us know if you have any questions.**

Meeting Date: Last Monday of each month

Time: 6-7pm

Location: **Sunrise of Gilbert Senior Living** | 580 S. Gilbert Rd, Gilbert AZ 85296 *

To RSVP or for more information, call (480) 868-2845 or email griefsupport@noblehpc.com

** Please enter the west door and someone will guide you to the room*